

Magical Moon

Following the Moon's Cycles to Step into More Ease and Flow in 2021

Online (Zoom) Special Workshop

With guest teacher, Patricia Laufer

Saturday, February 27, 2021 • 2:00 pm – 4:00 pm

“Being aware of and working with the moon’s cycles each month, New Moon to Full Moon and back, can really help us identify our dreams and pivot to make the shifts and changes required to step further onto our paths of purpose.”

Let's face it, 2020 was tough for many of us. Loss, fear, isolation, and a lot of adjusting to things we never thought we'd have to adjust to. For many, 2020 also acted as a flashlight, illuminating areas of our lives that are no longer in alignment with where our soul is leading us.

There is an entire universe of support available to us. Channeling practices allow us to experience a deeper connection to source, creativity and our deepest truth. As a result, we feel more trusting, vibrant and things flow with ease as we evolve.



In this special workshop we will:

Arrive together in ceremony by sitting at our altars and lighting our candles and welcoming each other in. You will receive guidance on building your altar prior to our gathering.

- Activate through gentle movement - waking the body up, and opening to receiving, dreaming and creating
- Unlock energetic codes to support your awakening to your true calling through guided meditation
- Channeled Exploration of the Moon Cycles - In channeled group work there are always certain themes that bring us together. We will explore these themes and how working with the moon cycles can support us at this time
- Journaling/drawing/dreaming/connecting to our purpose for being in this particular ceremony at this time
- Prepare to move forward on your path in an easeful way

Exchange: \$35 for this 2-hour workshop • [REGISTER](#)

LIMITED TO 10 PARTICIPANTS: sign up early to reserve a spot!
For Information on Zoom, and how our system works for online classes, click [here](#)

Patricia Laufer's purpose is supporting us all in living soul inspired lives. She is a yoga and meditation teacher as well as a translator, able to communicate with spirit guides, ancestors, and other forms of spiritual support. She shares her work in the world through private Intuitive Guidance sessions for individuals and couples, workshops, small group retreats, writing via her newsletter, and on January 28th, 2021 she will launch the Soul Practice where she will interview soul family and share flash memoir (short memoir pieces).



Sacred Spirit Yoga and Healing Arts Center

At South Presbyterian Church

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sacredspirityogacenter.org